

NEWSLETTER

RESEARCH HIGHLIGHTS

- From January to May 2025, CATS has successfully scheduled a total of 915 appointments.
- CATS Research Center has welcomed a total of 27 new studies from January to May 2025.

Thank you for your continued support and trust in our services!

FEATURED PROJECT: OSPREY

OSPREY is a multi-center, randomized controlled trial evaluating the safety and efficacy of the aura6000™ System compared to a no stimulation control in patients with moderate to severe obstructive sleep apnea who are unable or unwilling to use positive airway pressure treatment. Patients in the treatment group have demonstrated continued improvement, including:

- Overall responder rate: 65%
- Median apnea-hypopnea index reduction: 68%
- Median oxygen desaturation index reduction: 68%

UPCOMING EVENTS | TRAININGS

BLS Certification & Renewal Class

Date: Thursday, June 26th

Time: 9am – 1pm

Location: UA Cancer Center 1515 N

Campbell Ave, Levy Building, Room 2920

Cost: \$35

Banner Phlebotomy Training

Date: Tuesday, July 8th

Time: Two classes are offered per day

Location: Banner South Campus, East Main classroom, Education Center

Cost: \$40

Call 602-230-CARE (2273) to register

01

02



PARTICIPANT SPOTLIGHT ALLO-PD



What motivated you to participate in clinical research?

I've been dealing with Parkinson's for 25+ years now (first with my mother and then my own case), and I've always been looking for ways to stay ahead of it—especially treatments that go beyond just managing symptoms. When I heard about the allopregnanolone trial, I was intrigued. I was curious about the idea of “neurogenesis” and that it was open label. Honestly, I also feel a responsibility to be part of the research process for PD—if people like me don't show up, we don't get better answers. It felt like a way to contribute to something bigger than myself while also learning more about the process of clinical trials and how they operate.

In what ways has your life been impacted by participating in this study?

Being part of this study gave me a sense of purpose. It wasn't always easy—showing up regularly for infusions and tests takes time and energy—but I really appreciated feeling like a member of a team, not just a random patient known by a number. I felt like Dr Brinton, Dr Hernandez and the entire CATS staff knew me, cared about how I was doing, and treated me like a partner in the process. Physically, I'm still sorting out how the treatment helped, but mentally and emotionally, it gave me a lift. It reminded me that I'm not in this alone.

What do you wish you would have known before agreeing to participate?

I wish I'd known ahead of time that I'd need a ride home after every visit. It wasn't a big deal at all—luckily, my husband was able to drive me—but it would've been good to plan for that from the start. Overall, the process was well explained and well supported, so there weren't many surprises. I felt informed and taken care of throughout.

Any feedback for the research team?

Just gratitude, really. The whole team was kind, professional, and genuinely caring. I never felt like “just another subject”—you treated me like a person with a story and a stake in the outcome. And, truly, I feel like I have a new group of caring friends. That made a huge difference. I also appreciated how organized and communicative everything was. If future trials are anything like this one, I'd absolutely consider participating again.

Is there anything else you would like us to know?

I just want to say how honored I was to be part of this trial. It meant a lot to contribute to something that could make a real difference for people living with Parkinson's—now and in the future. I'm deeply appreciative of the opportunity, and of the respect and care I received throughout. Thank you for including me.

“Research means that you don't know, but are willing to find out” - Charles F. Ketteringearch